



INTRODUCING
CONTINUUM MOVEMENT
FOR THE FIRST TIME IN
THE
MIDDLE EAST
A PRESENTATION BY
MALA JAYSHREE JHAM

All About Attention.

Emilie Conrad founded Continuum in 1967. Susan Harper joined her in 1975 and became a partner contributing to the development of Continuum.

This is a class that will be conducted for the very first time in the Middle East.

Experience in-depth one-to-one attention with Mala in a group setting. Discover through fluid movement, touch, and listening, how you can facilitate deep connections within yourself and satisfy deep needs for attention.

Sessions include self-exploration with Continuum Movement, and a one-to-one session with Mala witnessed by the group. We follow each one-to-one interaction with a short dialogue, to bring more articulate awareness to the process, and to how one can explore giving and receiving fluid generous attention within themselves and with others.

THE DATES ARE – Saturdays: 8th May, 15th May, 29th May, 12th June, 19th June 2010

TIMINGS: 4 p.m. until 6 p.m.

DURATION: 2 hours each class.

VENUE: Al Fattan Villas, Villa # 25, Al Safa Road, Near Grand Service station, Behind Emarat Petrol station, Jumeirah.

FEE: CASH PAYMENT OF 550/-Dhs for 5 classes.
(Promotional price—only 55 Dhs.per hour)

Minimum non refundable deposit cash payment of Dhs. 100/- to confirm your place in the classes by 7th of May 2010.

Payment in full upon enrollment. Detailed Map will be emailed upon class enrollment.

MINIMUM 4 STUDENTS AND MAXIMUM 6 STUDENTS PER CLASS.

PLEASE BRING: YOUR OWN YOGA MATS OR SLEEPING BAGS TO LIE DOWN COMFORTABLY.

KINDLY WEAR LOOSE COMFORTABLE CLOTHING.

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WEBSITE: www.malajham.com